

SeatSPOT

Seat Spot for Spot on DD members

The Seat Safe committee was formed in mid 2000 after a group of therapists got together to form best practice guidelines for prescribing harnesses for people with high support needs. After these guidelines were established the group continued to meet to discuss issues related to seating and positioning.

The Goals of Seat Safe were:

- To increase awareness of airway safety for high support needs clients
- To increase knowledge of correct seating and positioning to achieve and maintain better airway safety
- To investigate the design and use of different postural supports and to analyse their ability to help maintain airway safety
- To develop protocols for best practice in relation to the use of postural supports for clients with high support needs (met 2001: see Spastic Centre of NSW Best Practice Guidelines for Promoting Airway Safety when Prescribing Postural Supports)

Seat safe became Seat Spot.

Seat Spot tries to provide educational meetings for people with an interest in seating and positioning.

Topics of the meetings can be:

- Anatomical and medical issues relevant to seating and positioning
- providing information about services and products available
- Client case studies and discussions are used to enhance clinical relevance

Where, When and Who

The educational meetings are held three times a year at Northcott, Parramatta from 11.00 till 3.00. The meetings are advertised in the SPOT on DD Newsletter and the flyer is emailed to a number of list servers and to regular attendants. We try to video the meetings which are available for loan.

The SEATSPOT focus group meetings are offered free of charge to SPOT on DD members. Costs are met by SPOT on DD and participants are therefore expected to be members. Participants who are not SPOT members will be asked to pay \$10 each meeting attended. Any questions or to be placed on the mailing list, please contact Yvonne de Vries preferably by e-mail: mps@disabilityenterprises.com.au (or by phone 0419 742 402.)

Physiotherapists, Occupational Therapists, Speech Therapists and any one else interested in these topics are welcome to attend.