

Speech Pathologists, Physiotherapists and Occupational
Therapists on Developmental Disability



SPOT ON DD WORKSHOPS 2009

17th -18th August 2009

Wesley Conference Centre

220 Pitt Street

Sydney

SPOT on DD is an active group of Speech Pathologists, Physiotherapists and Occupational Therapists who together aim to provide:

- High quality therapy services
- Professional support
- Continuing education information
- United voice in advocacy for people with a developmental disability
- Promotion of best practice of therapy in the area of developmental disabilities

SPOT on DD has previously run a number of successful conferences and workshops that provided the opportunity for education, networking and exchange of information.

Just a sample of some of our presenters and their presentations

Gillian Griffiths (nee Fowler) is an experienced, international presenter and Occupational Therapist. Her clinical experience includes working as a Senior Occupational Therapist, Program Manager and consultant to Policy Development for the WA Department of Health; working in a Child and Community Health setting (working with at-risk infants, children with feeding and self-regulation issues, early intervention and school aged children); as a Clinical Specialist at Princess Margaret Hospital for Children in the areas of Oncology and the Feeding Difficulties Team; and for Therapy Focus, WA's school age disability service provider. Gillian has attended extensive training in the USA and in Australia including direct training with Winnie Dunn, Lucy Miller and Rosemary White in the USA and has participated in extensive training in Infant Mental Health, DIR/Floortime, M.O.R.E., PRPP (Chapparo & Ranka), Family Partnerships (trainer), Circle of Security, Trauma (Bruce Perry and Charles Zeanah), Therapeutic Listening and Infant Massage. She has an energetic, interactive and thought-provoking facilitation style and is someone not to miss!

Sensory Matters at Mealtime

This workshop is targeting health and care giving professionals who are passionate about understanding sensory processing, family interactions, nutritional intake and behaviour in infants and children during mealtimes who have a developmental disability. This workshop intends to have an inter/transdisciplinary team focus and we encourage you to come together with your peers.

How many parents have you heard cry out for help around difficulties with feeding or mealtimes?:

- "my child only eats hot chips, bread, nuggets"
- "they don't eat any fruit or vegetables"
- "why do they eat sand and constantly mouth everything"
- "they constantly overstuff their mouth when eating"
- "we had a tough start with them being premature and were NGT fed, we were told that would make no difference but we are nearly 12months and they are still only accepting mainly bottles and a few smooth purees"
- "He had a trachie in for the first two years of his life and now we can't get him to put anything near his mouth"
- "they constantly reject the spoon, it needs to be a finger food; they won't have a bar of me feeding them"
- "I dread mealtimes, -, I think my child notices how stressed I get now and that makes their behaviour worse"
- "Mealtimes are so important in our culture, the only way I can get food in is by force feeding...I feel like such a failure as a parent," ...
- "I can't get my child to eat meat, I'm worried about their iron intake"
- "my child gags and vomits ..."

If these are regular comments you face in your clinical practice then we encourage you to attend this dynamic workshop.

Evidence will be shared around best practice which may challenge current service delivery or validate your current practice. This will be a high energy, interactive and well facilitated training event which will require participation!

Sensory Matters at Mealtimes Workshop content will include:

- Sensory Processing - the evidence, conceptual model and application to Feeding and Mealtimes (understanding how ALL senses shape mealtimes)
- Our SENSE-ational Brain – understanding the neurology/evidence, how to share it in a family friendly way with team members, other agencies and caregivers; specific to mealtimes.
- Integrating the theory and research on sensory processing, attachment, co-regulation and early trauma.
- Holistic Assessment (transdisciplinary team, family partnership and systems approach)
- Understanding sensory preferences so optimal nutritional intake and mealtime harmony can be fostered.
- Functional and family partnership interventions for feeding and mealtimes (How to help stretch food preferences with a whole family in mind).
- Developing therapeutic toolboxes and clinical reasoning.

There will be full case study practice across clinical age groups for individuals with a developmental disability. Remember to bring clients in mind as this will be very interactive and an opportunity for shared problem solving.

Eve Reed is an Accredited Practising Dietitian with an extensive background in child and adolescent nutrition, early childhood care, childbirth education and breastfeeding counselling. Eve was a senior member of the department of Nutrition and Dietetics at the Children's Hospital at Westmead for over 13 years.

Eve has co-authored three books on children's nutrition and health: Kids, Food, Health 1,2 & 3. Eve now works in private practice in Stanmore and Crows Nest, runs Familyfoodworks and is consultant dietitian at Allowah Presbyterian Children's hospital and The Spastic Centre NSW.

Jasna Spiranovic has been a physiotherapist for 20 years and is currently working on the Gold Coast in Child Community Health.. She has worked with both adults and children in various settings in Europe, regional and remote areas of Australia.

Special interests include; biomechanics, aboriginal health and working with teams.

Jasna has assisted in several research projects and likes to question therapeutic approaches at a clinical level.

Jasna favours a long term perspective in the treatment of paediatric conditions.

Jasna is also an exhibiting visual artist who uses her creativity to influence fun therapy interventions for children and families.

Maryanne Roland Maryanne graduated as an occupational therapist in 1983 and graduated with a research masters degree in 1997. She has had a broad experience in caseload types and locations as an occupational therapist. For the last 6 ½ years she was worked with The Spastic Centre in Singleton, working with children and adults with disabilities. The service model is outreach and is largely consultative, seeing clients in their own environments. A large component of her work is with the carers (mostly family and education staff), so that the clients' therapy needs are met within their own environments.

ACCOMMODATION

There are a number of accommodation options in the metro area. Some hotels near the Wesley Conference Centre include:

Metro Hotel on Pitt

300 Pitt Street, Sydney

Phone: +61 2 9283 8088

Reservations: 1800 333 800 (Direct)

<http://www.metrohotels.com.au/sydney-hotels/metro-hotel-on-pitt-3>

Ibis Hotel World Square

382-384 Pitt Street, Sydney

Ph. 8267 3111

www.ibisworldsquare.com.au

Rydges World Square

389 Pitt St, Sydney

Ph. 8268 1888

www.rydges.com

Oaks Hyde Park Plaza

38 College St, Sydney

Ph. 1800 222 442

www.theoaksgroup.com.au

Central Park Hotel

185 Castlereagh St, Sydney

Ph 9283 5000

<http://www.centralpark.com.au/>

RURAL GRANT: For rural members of SPOT on DD, there will be rural grants provided for this workshop. This can go towards course registration, or if your employer is paying for the course registration, you may wish to use this to go towards accommodation or travel expenses. The grant criteria and application form is attached.



SPOT ON DD WORKSHOP

Wesley Conference Centre
220 Pitt St, Sydney

17th – 18th August, 2009

HOW TO GET THERE:

By Car

Public parking is available directly underneath the Wesley Conference Centre at Secure Parking. Entry is by Piccadilly Plaza, 133 Castlereagh St.
Additional Parking is available at the Hilton Hotel, Pitt St Sydney

By Train

Town Hall and St James stations provide the closest access to Wesley Conference Centre.

From Town Hall station, exit the platforms via the QVB end of the station. Bear right through the Galleries Victoria shopping mall and take the escalator up to the ground level. Exit the Galleries Victoria onto Pitt St. The Wesley Conference Centre is 50m to the left, on the opposite side of the road from the Galleries Victoria.

From St James Station, exit onto Elizabeth St and continue straight down Market St. Turn left into Pitt St and Wesley Conference Centre is only 50m down on the left hand side.

By Bus

Wesley Conference Centre is close to buses that stop at QVB, Town Hall, Elizabeth St and Castlereagh St. Please see our map (Google map, above) to see how to get to us from your nearest stop.

For further information log onto the website

<http://www.wesleyconference.com/centres/wesleyconference/>

SPEECH PHYSIO OCCUPATIONAL THERAPY ON DEVELOPMENTAL DISABILITY
SPOT on DD ABN: 41 463 484 957

Registration Form and Tax Invoice

DELEGATE INFORMATION: Please complete in block letters

Name: _____

Profession: _____

Home Address: _____

Postcode: _____

Workplace: _____

Email (required for confirmation): _____

Phone contact: _____ Fax: _____

Are you a SPOT on DD Member? Yes No

REGISTRATION FEES: Please circle

	Early Bird Price (Payment by 30/6/09)	Standard Price (Payment from 1/7/09)
SPOT on DD Member 2 days Registration	\$150	\$170
SPOT on DD Member 1 day 17th 18th (Please circle day attending)	\$90	\$110
Non Member 2 days Registration	\$220	\$240
Non Member 1 day 17th 18th	\$160	\$180

Cheques payable to:
SPOT on DD
Payment on registration would be appreciated.
It may be possible to pay by personal cheque and obtain a refund from your employer.

Please forward form, together with cheque by:
Wednesday 29th July 2009 to:
*Treasurer, SPOT on DD
PO Box 2283
Hornsby Westfield NSW 1635*

Official Use only

Membership current: Yes No Payment received: Yes No Receipt No.



SPOT ON DD RURAL GRANT GUIDELINES

PURPOSE OF THE GRANT

Speech Pathologists, Physiotherapists and Occupational Therapists on Developmental Disabilities (SPOT on DD) is a non-profit association set up to support therapists working with people with disabilities.

The grant is available for rural and remote SPOT on DD members to attend the annual SPOT on DD workshop or conference.

GRANT MONEY AVAILABLE

A total of \$4000 is available per financial year. The money will be split accordingly with the number of applicants received.

Money will not be given up front. Successful applicants will be required to provide receipts for expenditure incurred in attending the workshop or conference e.g. workshop/conference registration, accommodation, and/or transport receipts, where these costs have not been met by your employer. The grant can not be used for sustenance expenses.

GRANT CONDITIONS

Each applicant must be:

a current member of SPOT on DD

AND

working with 3 or less therapists from the same discipline

AND

servicing regional centres less than 50,000 people (discretionary)

Funding is on a financial year basis.

APPLICATIONS

All applicants to fill out SPOT on DD Rural Grant Application form. Grant approval will be at the discretion of SPOT on DD executive.

Applications should be sent to:

SPOT on DD
PO Box 2283
Hornsby Westfield 1635



SPOT ON DD RURAL GRANT APPLICATION FORM

APPLICANT DETAILS

Name: _____

Therapy Discipline: _____

Home address: _____

Home phone number: _____

Work address: _____

Work phone number: _____

Work fax number: _____

Mobile phone number: _____

Email: _____

ELIGIBILITY CHECKLIST

- Current member of SPOT on DD
- Working with 3 or less therapists from the same discipline.
Number of therapists.....
- Servicing regional centres less than 50,000 people (discretionary)
Population of centre.....
Distance in kilometres from Sydney.....

Signature: _____ Date: _____

NB: Grant applications for the 2009 workshop close on 30 June 2009 successful applicants will be notified via Email or mail after this date. Receipts for reimbursement should be submitted to the treasurer after the workshop.



SPOT ON DD WORKSHOPS PROGRAM 2009

17th -18th August 2009

Wesley Conference Centre Pitt St Sydney

	Day 1		Day 2		
8am	Registration	8:30am	Registration		
8:30	Introduction & Housekeeping	9.00	<i>Kim Bulkeley</i> – Introduction to day 2 What do we mean by sensory?		
8:45	Sensory Matters at Mealtime – <i>Gillian Griffiths</i>	9.30	Concurrent sessions		
10:00	<i>Morning Tea</i>		<table border="1" style="width: 100%;"> <tr> <td style="width: 50%; vertical-align: top;"> 9.30 Sensory or not Sensory Toe Walking? 9.30 Sensory affects on Movement – <i>Patty Welsh</i> 10.00 - <i>Jasna Spiranovic- Physiotherapist</i> </td> <td style="width: 50%; vertical-align: top;"> 9:30 -10.30 Nutrition and disabilities – a sensory approach. <i>Eve Reed</i> (Accredited practicing dietician and private practitioner – Familyfoodworks). </td> </tr> </table>	9.30 Sensory or not Sensory Toe Walking? 9.30 Sensory affects on Movement – <i>Patty Welsh</i> 10.00 - <i>Jasna Spiranovic- Physiotherapist</i>	9:30 -10.30 Nutrition and disabilities – a sensory approach. <i>Eve Reed</i> (Accredited practicing dietician and private practitioner – Familyfoodworks).
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10:15	Sensory Matters at Mealtime – <i>Gillian Griffiths</i>				
12.30- 1.30	<i>Lunch</i>	10.30	<i>Morning Tea</i>		
1:30	Sensory Matters at Mealtime – <i>Gillian Griffiths</i>	11.00	Concurrent sessions		
4:45- 5:45	– Rural & remote forum drinks at alternative venue (TBC)		<table border="1" style="width: 100%;"> <tr> <td style="width: 50%; vertical-align: top;"> 11.00 Podiatry and Toe walking 11.30 Orthotist <i>Ashley Brown</i> 12.00 Panel Discussion with questions from the audience </td> <td style="width: 50%; vertical-align: top;"> 11.00 -12.30 Sensory SPOT – case studies and HSnet- <i>Michelle Pope</i> </td> </tr> </table>	11.00 Podiatry and Toe walking 11.30 Orthotist <i>Ashley Brown</i> 12.00 Panel Discussion with questions from the audience	11.00 -12.30 Sensory SPOT – case studies and HSnet- <i>Michelle Pope</i>
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		12.00- 1.30	<i>Lunch-AGM _ Launch of the new logo</i>		
		1.30- 3.30	Consultancy. How do you do it and make it effective? <ul style="list-style-type: none"> • Dianne Isichei - Teacher perspective • Maryanne Roland – The Spastic Centre • Joy Richmond-Physiotherapist 		



MEMBERSHIP APPLICATION

ABN: 41 463 484 957

Cost of SPOT on DD membership or associate membership is \$60.
Early Bird price of \$50 is available if membership is paid before
the 30th June of the preceding financial year.

If you wish to join SPOT on DD please fill out this form and send it with the credit card payment details or a
cheque/money order to:

SPOT on DD
PO Box 2283
Hornsby Westfield NSW 1635

Cheques/Money orders should be made payable to "SPOT on DD"
NB Membership is for the financial year (ie 1 July to 30 June)

Year: July toJune

I am joining as a full member (SP,OT,PT only) [] Joining as an associate member []

I do NOT want my name and contact details to be given to another SPOT member []

PERSONAL INFORMATION

Name:
Home Address:
Post Code: Home Telephone:
Preferred e-mail address:

PROFESSIONAL INFORMATION

Employer: Area:
Work Address:
Work Telephone: Work FAX:
Profession: Graduated From:
Post Graduate/Other Qualifications:

AREA OF WORK

[] Physical Disability [] Intellectual Disability [] Both [] Other (please specify)
[] Early Intervention [] School Therapy [] Adult

PAYMENT DETAILS

[] Visa/Visa Debit [] Mastercard [] Cheque [] Money Order

Amount: \$

Card Number: Exp Date:/.....

Name of Cardholder: Cardholders Signature:
(as it appears on your card)

Official Use only: Receipt no:.....